

Love Bedford **Love** food **and** drink

www.lovebedford.co.uk



BedfordBID
Business Improvement District
Funded by Town Centre Businesses

Experience the tastes of Bedford



MAKE THIS YEAR'S OFFICE CHRISTMAS PARTY ONE TO REMEMBER...

Feast on delicious food, mingle with others and dance the night away with resident DJ at our Christmas joiner party nights in the beautiful Coach Room at the 4 star Bedford Swan Hotel.

PRICES START FROM JUST £25 PER PERSON

Prefer to go private? Call to find out about booking our State Room for exclusive use (minimum numbers apply).

*View full packages and menus on the website.
Call or email to discuss with our Christmas co-ordinator.*

The Bedford Swan Hotel
The Embankment, Bedford, MK40 1RW
01234 346565 | info@bedfordswanhotel.co.uk
www.bedfordswanhotel.co.uk

THE
BEDFORD SWAN
BEDFORD
★★★★

Welcome

Bedford has many things to be proud of including its history, the river, the shops and markets, but one thing for sure that never ceases to amaze is the wonderful array of restaurants and cafes in town. With choices encompassing tastes from all over the world it really is quite possible to eat a different nationality of food every evening of the week!

We have selected a few venues that may encourage you to venture out of your normal comfort zone and with new places opening up in our town all the time, you really do have a pick of the bunch when it comes to a light bite at lunch or a leisurely dinner in the evening. Why not enter our competition on page 11 for more information on how to win a meal for four people. Find our full directory of restaurants and cafes on page 23.

BedfordBID have also upgraded the Love Bedford directory on the website. This new and improved format is now fully mobile device compatible with FB & Twitter feeds plus google map links to each business. There are links to the offers page, bigger images and more of them and a better search functionality using individual words.

Visit www.lovebedford.co.uk for all your favourite business listings and more to see what changes have been made!



Herd



Gourmet burgers have become extremely popular with trendy burger bars opening in towns around the country and Bedford is certainly no exception. Recently opened is Herd. Based on St Cuthberts Street the restaurant is relaxed and informal with a mouth-watering menu. House burger the “Herd Burger” is thick and juicy with a slightly spicy jalapeno kick, served with generous sides of exceptionally tasty chips seasoned with garlic and rosemary and a homemade slaw. Look out for the specials which have so far included the like of the masala spiced Pakora Burger, and the Herd & Surf burger with king prawn and calamari. Open Wednesday to Saturday, the restaurant does not take bookings but if you wait for a table there is a cosy bar hidden at the rear of the restaurant, perfect for pre-dinner drinks. www.herd.cool

Délices



Giving part of Howard Street, next to The Art Centre & Gallery an authentic Parisian feel is the new boulangerie-pâtisserie, Délices. Owned and run by two friends and business partners, Diana and Geraldine started their friendship whilst undergoing intensive training as Boulangeres in one of the top schools in Paris. Having both had professional careers in France before deciding to concentrate on baking, they decided it would be the perfect continental addition to the existing cafes and bakers in Bedford. Using authentic French flour and recipes, Délices specialise in the finest French bread and cakes, made and baked on the premises. Open Tuesday – Sunday, let the aroma entice you to come and try a delicacy, either in the cafe area or to take away. www.delices.co.uk

Mimo's



Mimo's Steak and Grill brings a new taste of the Mediterranean to Bedford. Situated on the outskirts of the town centre on St Cuthberts street, Mimo's is open in the evenings from 6pm Monday through Saturday. Serving authentic classic dishes using fresh ingredients and cooked on a traditional charcoal grill, ensures that tasty and healthy dishes of high quality are produced. Offering a warm and friendly welcome in a comfy, informal setting it is a great chance for you to sample some simple Mediterranean food. www.mimos.co.uk



Spice Shop



New to the High Street earlier this year, Spice Shop is not your average curry house. Authentic Bengali meals are cooked slowly from fresh ingredients, including a good choice of fish dishes. The décor really does resemble a spice bazaar, warmly lit, and shelves filled with jars of spices, rice and lentils line the walls. While you wait to order your meal, try the Pooshka, crunchy canapés topped with spiced potatoes and sauces – a really interesting alternative to papadoms. Due to the fresh cooked nature of the food, the menu is not as long as in most curry houses, but still manages to contain so many intriguing dishes you'll want to keep going back to try them all.

www.spiceshoprestaurant.co.uk



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www.lovebedford.co.uk

 **COUNT
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BLA,
BLAA!**




**SCARY
MARY!**

**FIRST
EVER,**

CHILLI FEST UK PRESENTS...

**AWESOME
HALLOWEEN
CHILLI FIESTA 2015
BEDFORD
ADMISSION FREE**

THE HARPUR SUITE, BEDFORD MK40 1LE
LOTS TO EAT, DRINK, TASTE & BUY
DATE: 31ST OCT, 10AM TO 6PM

WWW.CHILLIFEST.NET
THE HOME OF THE CHILLI

Venue address:
Harpur Suite
Bedford MK40 1LE



Gallone's



A welcome addition to Bedford this year has been the arrival of Gallone's Ice Cream Parlour in The Arcade. With a history dating over 100 years of a family dedicated to making the perfect ice cream, it is no surprise that this parlour has been an instant success. Offering over 50 flavours of ice cream ranging from the traditional Vanilla and Chocolate through to the ever popular Salted Caramel and Rocky Road, you can be sure to find more than one favourite! Of course if ice cream isn't your thing, Gallones offer a variety of Crepes and Waffle delights (including Gluten free options) and a range of drinks.

Set over two floors, it is the perfect place to relax with family or friends and enjoy that special sweet treat. Upstairs there is also a fantastic party room available where children can design and eat their own 'Dream ice cream'. Parties last approximately 2 hours, are fully supervised and cost £13.95 per child.

To receive 10% off new parties, mention Love Bedford Food & Drink when booking.

www.gallonesicecream.com

ice cream

shakes

waffles

sundaes

coffee

crêpes

GALLONE'S

gallonesicecream.com

Gallone's Ice Cream Parlours Ltd 1-2 The Arcade, Bedford. MK40 1NS

we love ice cream

Number 13



Number 13 is a licensed cafe bar and is located next door to Bedford Corn Exchange on St Pauls Square, Bedford. Not only do we offer great food and coffee we offer lots of different events for people visiting and living around the town centre.

We offer a great breakfast and lunch menu to meet all tastes at affordable prices. We ensure a speedy yet excellent service to ensure your breakfast or lunch hour is well spent. Whatever you fancy our menu has something for everyone from a full English breakfast to a selection of Paninis or Baguettes.

Number 13 Open for food service:

Monday – Saturday: 8 a.m. – 2 p.m.
Sunday: Closed

We are also home to the Bedford Box Office for ticket sales and collection, and act as front of house reception for the Bedford Corn Exchange.

Bedford Box Office Open:

Monday – Friday
10am – 4pm
Saturday
10am – 3pm

Number 13 also offers pre theatre dining and post theatre drinks for most shows that take place at the Corn Exchange. We work with our home town brewery Wells & Young and The Wicked Coffee Company and

pride ourselves on the range of hot, cold and alcoholic beverages that we have available.

For more information on all our products and services, or to discuss private hire of Number 13 you can contact us:

Number 13
13 St Paul's Square
Bedford
MK40 1SL

Tel. 01234 718044
Email cornexchange@bedford.gov.uk



Number
13

LICENSED CAFÉ BAR

BEDFORD CORN EXCHANGE NUMBER 13



NOW SERVING BREAKFASTS FROM 8AM TO 11.30AM
AND LUNCHES TILL 2PM

Bedford Corn Exchange & Number 13

13 St. Paul's Square, Bedford MK40 1SL

Phone: (01234) 718044

Email: cornexchange@bedford.gov.uk Web: www.bedfordcornexchange.co.uk



Smoke Shack



Smoke Shack was created by Terry Pritchard (a chef) and Darren Isaac (a marketing man). Together they worked tirelessly to create a restaurant for absolutely everyone that was both familiar and different in terms of its menu, but exceptional in the quality of food it delivered.

Our belief is that great food should be simple and bigger on flavour than it is on price, served with a smile, in a vibrant and sociable atmosphere that you'll want to come back to.

The Smoke Shack menu is something we hope makes you feel spoilt for choice and that gives you a really hard time choosing what you want. If you really struggle, why not have a go on our "Meal of Fortune" wheel!

Our menu has been the product of almost a year's research, talking to our potential customers and suppliers. Our mission is pretty simple really; to provide you with a seriously enjoyable, completely satisfying meal built around one core belief: Make it fresh, every day and use only the best quality ingredients from local suppliers.

We look forward to seeing you!



The advertisement banner features a dark red background. At the top left is a photo of the restaurant's exterior, and at the top right is a photo of the interior. The central text reads "SMOKE SHACK" in a large, white, serif font, with "BBQ GRILL & SMOKEHOUSE" in a smaller font below it. Below the text are four photos of food: ribs, a burger, a plate of ribs and vegetables, and a sandwich. At the bottom, there is a black section with white text providing contact information and hours.

SMOKE SHACK
BBQ GRILL & SMOKEHOUSE

OPEN 7 DAYS A WEEK THE NEW AND AWARD-WINNING BRITISH SMOKEHOUSE AND AMERICAN BBQ GRILL.

BOOK NOW ONLINE
WWW.SMOKE-SHACK.CO.UK
OR CALL 01234 364041

JOIN US ON SOCIAL MEDIA FOR DAILY DEALS AND UPDATES

12 MILL STREET
BEDFORD MK40 3HD

LUNCH
12pm - 3pm

DINNER
5:30pm - 11pm
12pm - 11pm Sat
12pm - 8pm Sun

 [smokeshackbedford](https://www.facebook.com/smokeshackbedford)  [@OrigSmokeShack](https://twitter.com/OrigSmokeShack)



FREE Prize Draw

Win a meal for four...

Enter our free prize draw and be in with a chance to win Food & Drink to the value of £200.

Terms and conditions

Closing date Saturday 14th November. Winners will be notified by Wednesday 28th November. The meal must be taken by Saturday 12th December 2015.

Restaurant of winners choice must be within the BedfordBID area.

Would you like to be added to our mailing list and receive future news and promotions? Y N

Please fill in the form below and send to BedfordBID, 1 Lurke Street, Bedford MK40 3TN, or email the information to info@lovebedford.co.uk

Name

Address

Postcode

Phone Number

Email

What is your favourite Bedford restaurant and why?

Bedford Swan Hotel



Feel relaxed in our River Room

Since the transformation of The Riverside Terrace at the Bedford Swan Hotel, passers-by now know they are welcome to simply 'pop in' to join us.

The walk-in gateway from The Embankment and dedicated car parking behind, has made The Terrace THE destination place to sit and enjoy food and drink al fresco during the summer and autumn.

What is not always so clear to people is that the Swan's River Room restaurant is just as welcoming. Open to non-residents, this is now so much more than just a hotel dining room, or a place you visit only on special family occasions.

Relaxed dining from a modern menu made up of delicious local ingredients, put together with interest and imagination is the form now at the River Room.

Warm and welcoming as winter sets in, the River Room is a great place to pop in for lunch (spend more than £10 and your 2 hours parking with us is free).

Dishes to suit all tastes are available from light bites to mouthwatering steaks and burgers to Sunday Roasts.

Starters:

Panko Scallops, Gravdax Roulade, Duck Liver Parfait, Broccoli & Stilton Salad, Soup of the Moment, Baked Mozzarella, Cheeks & Ouefs (a meal in itself). Beans on Toast is the fund American corn with sour cream and spicy beans dish.

Sharing Platters:

Anti Pasta with cured meats, olives and more, Vegetarian Anti Pasta roasted veg and olives etc, Insalata Caprese and Dobs & Dibs with wings, calamari and belly bites.

The Fish Counter:

Tuna Fattoush, Seared Seabass or Fish and Chips.

Burgers:

8oz Rare Breed Beef, Grilled Chicken Satay and Falafel & Roast Pepper.

Steaks:

D-Rump, Sirloin or Ribeye with Choice of Sauce or Resting Butters

The Finer Things:

Honey & Soy Marinated Duck Breast, Crusted Lamb Cutlets, Parpadella Verde or Arrabiata Souffle

Sides:

Gourmet Chips, Mac n'Cheese, Confit Shallots, Courgette Chips, Devilled Broccoli, Caesar Salad, Chop Salad, Green Vegetables, Onion Rings and Peas a la Francaise.



Chilli With Black Beans

A healthy, hearty recipe

Preparation time 20 mins

Cooking time: 30-40 mins

Serves 6

Ingredients

Chilli

2 tsp cumin powder

2 tsp ground coriander

1-2 tsp hot chilli powder

2 tsp sweet paprika

1lb 2 oz / 500g pack extra lean steak mince

1 tbsp flour

4 garlic cloves, chopped

400g can chopped tomatoes

1 beef stock cube

2 tbsp tomato purée

2 onions, finely chopped

3 red peppers, deseeded and diced

large pack coriander (stalks for the chilli, leaves for the salsa)

2 x 400g cans black beans

Salt and pepper to taste

Lime and plain yoghurt to serve

Salsa

Three large ripe tomatoes

Small red onion

Avocado

Handful of coriander leaves (reserved from the bunch)

Method

Strip the coriander of its leaves and reserve in a bowl. Finely chop the coriander stalks.

Heat the oil in a large pan and fry the onion, coriander stalks and garlic together. Remove from the pan and set aside.

Dry fry the mince in batches until browned. Add the spices and cook for a further minute. Return the onions and coriander stalks to the pan, stir to mix. Add the flour and cook for another minute.

Add the tomatoes and a can of water, crumble in the stock cube, then stir in the tomato purée and chopped peppers.

Cover the pan and cook for 15 mins. Stir in the drained black beans. Cook for a further 20 mins more until everything is reduced and tender.

Serve with rice, lime wedges and yoghurt, and a fresh salsa of chopped tomatoes, avocados, red onion and coriander leaves.

Cocktails

Over the past few years we have seen the Bedford evening entertainment develop into a variety of restaurants, bars and clubs. As with every town it is important to try to appeal to a wide audience ranging from teenagers through to the more mature groups of people. There will always be the appeal of a typical British pub with their selection of Beers, Lagers & Wines however it does seem to be more trendy to visit Cocktail and Wine bars.

Why not follow our guide to some ideal locations in town for that well earned Mojito or two...

First off is the intimate and trendy Cocktail bar, Lost and Found, situated on Lime Street. Open Thursday, Friday and Saturday night from 5.30pm (table bookings are taken). Choose from a wide variety of cocktails (or ask them to make one if not on the menu) and watch as their excellent mixologist works his magic! Enjoy the

contemporary yet cosmopolitan feel here in a party atmosphere. Follow them at [facebook.com/lost-found](https://www.facebook.com/lost-found).

Next on the route is The Flute Wine & Lounge Bar tucked away just off the High Street in Ram Yard. Known by several as a hidden gem in Bedford town centre, this friendly bar has a good vibe and offers a more sophisticated drinking venue for the more mature clientele. A very popular more recent addition here is that they have Prosecco on tap! For a great atmosphere and fun, come along to The Flute on a Thursday, Friday or Saturday night. Follow them at [facebook.com/The-Flute-Wine-Lounge-Bar](https://www.facebook.com/The-Flute-Wine-Lounge-Bar)

Wander along Ram Yard and you come to Castle Quay with a selection of restaurants and bars. Here you will find The Lane, known for its Cosmopolitan coffee, speciality teas, wine and cocktails. Offering nights of entertainment with live music, post-work drinks, pre-dinner



cocktails or simply tea or coffee, The Lane offers a sophisticated meeting spot in Bedford. With plenty of seating, the bar is great for groups, parties and has outdoor seating should weather permit. Follow them at [facebook.com/TheLane.Bedford](https://www.facebook.com/TheLane.Bedford).

Our final stop is the Auction Room on Duke Street. Holding regular live music and events, this stylish and atmospheric wine and cocktail bar is the perfect venue. Set over two floors, the main floor with a capacity of 150 has minimal furniture and great lighting due to the skylight roof and high ceilings. Here or in the comfort and luxury of the downstairs lounge, with plenty of seating or standing room for 60 people, makes the Auction Room a great place to enjoy yourself and celebrate any time. Visit www.auctionroombar.co.uk or follow on [facebook.com/auctionroombar](https://www.facebook.com/auctionroombar).





Visit the Love Bedford new website

www.lovebedfordoffers.co.uk

offering the latest special offers from businesses in Bedford town centre - a town of Character, Culture and Choice!



BedfordBID Businesses register your log-in with vicky@lovebedford.co.uk

www.lovebedford www.lovebedfordoffers

[lovebedford](https://www.facebook.com/lovebedford) [@lovebedford](https://twitter.com/lovebedford) 01234 404500

The Ship



Isabelle and the team welcome you to The Ship!

Recently under new management, The Ship serves food from an extensive menu from 12-9pm every day, with homemade roasts on a Sunday. Try our Deli Deal offer from 1-4 daily with a sandwich, side and a drink for just £5.99, or get a drink with any of our burgers for £1!

On the bar side of things, you'll be spoilt for choice with our wide variety of whiskeys, premium vodkas and gins, as well as five Cask Marque accredited ales including Abbots, IPA, our house bitter All Aboard and two changing guest beers. Watch out for our craft beer range coming soon!

We also have a separate function room available to hire with its own bar – suitable for business meetings, wakes, christenings, birthdays or office parties.

Pop in and see us or call 01234 267126 for any more information! We look forward to seeing you soon.

The Ship

Under New Management

Food Served 12-9pm Every Day

Five real ales

Fresh Sunday dinners accompanied by the Stormy Mondays.

Function/Meeting room available to hire.

Premium gins, whiskeys and vodkas available.

7, St Cuthberts Street, Bedford, MK40 3JB

Tel: 01234 267 126

Gunns Bakery



Welcome to Gunns Bakery – Home of the Bedfordshire Clanger!

A welcome addition on the High Street is of course Gunns Bakery, home of the Bedfordshire Clanger. Having spent 15 years on St Pauls Square it now has a more central position on the High Street, opposite Lloyds Bank and having a larger shop enables customers to sit awhile and enjoy "Coffee & Clanger"! It also allows space to demonstrate the decorating of the very popular Birthday cakes.

All the breads (including a wide range of flavoured bread and multi seed) are proving popular especially on market days (Wednesday and Saturday) as well as the sweet and savoury pastries.

Still selling the traditional Bedfordshire Clanger a number of exciting new varieties have also been tried and tested with amazing results and will certainly help take the old favourite forward. Go and buy one...see what you think.

It's wonderful to have Bedfordshire Clangers available daily in the centre of town and David Gunn is very proud to be operating from such a lovely old and beautifully refurbished building.

Open Monday – Saturday 8am – 3.30pm



Gunns Bakery!

Now back in action in the High Street, Bedford!

All you favourite breads, cakes and savouries including full range of Bedfordshire Clangers!

Bespoke celebration cakes and buffets for all occasions.

51 High Street, Bedford MK40 1RZ
Tel 01234 327723

**Don't forget...get Gunns...
for Goodness Sake!**



Lemon Almond Cake



Yummy...this one's a family favourite.

Ingredients

Cake

200g unsalted butter
200g Demerara sugar
90g plain flour
90g ground almonds
Half tsp baking powder
Zest of 1 large, unwaxed lemon
4 large eggs

Syrup

2tbsps Demerara sugar
Juice 1 large unwaxed lemon

Set oven to 160C / Gas Mark 3
Line a loaf tin (25cm x 11cm x 7cm) with greaseproof paper.
Handful of coriander leaves (reserved from the bunch)

Method

Sieve the flour with the baking powder and mix in the ground almonds. Grate the lemon zest and add this to the mix too.

Beat the eggs lightly then add to the creamed butter and sugar, a little at a time. Don't worry if it curdles a little.

Gently fold in the flour, almonds and baking powder with a large metal spoon.

Dollop the cake mixture into the lined tin.

Bake for 45 minutes until golden. To test it, insert a metal skewer. If the skewer comes out clean, the cake is cooked. If not, the cake needs a few minutes more.

Remove from the oven.

For the syrup, stir the Demerara sugar into the lemon juice...it will only partially dissolve, but there is no need to heat it. Prick the top of the cake with the skewer or a sharp knife and spoon the syrup over the cake. Leave to cool.

Try this cake with a scoop of crème fraîche and some fruit compote.

Park Inn



Christmas Packages are a Park Inn by Radisson speciality.

We'll take care of every detail, so your guests can embrace the party season at an event to remember.

From the tastiest food, highly trained friendly staff to a venue to suit every budget, we have it all covered for a perfect Christmas event.

December is when we look back to celebrate a great year with colleagues or kick off the season with friends in style. At the Park Inn by Radisson Bedford, our fantastic value Christmas parties with their great food and floor filling entertainment will definitely get the celebrations started – who ever you come along with!

Put your feet up and join us for our Christmas day buffet lunch where you can enjoy all the traditions with none of the hassle. Book a table in our restaurant and enjoy the fantastic views

overlooking the River Great Ouse and even if your little ones are on the naughty or nice list you can be sure that Santa will have a special gift for them.

It's never too early to book our New Year's Eve celebrations, enjoy a 5 course meal then toast in the New Year with a glass of fizz at midnight. Ring out the old and bring in the new at our New Years Eve casino & dance night with the perfect touches to help you celebrate in style.

Enjoy flexible solutions and quality services, all nicely wrapped into our attractive Christmas Packages.

We do all the hard work so kick back this Christmas, with Park Inn by Radisson Bedford.

[Feel the happy Christmas vibes](#)



A smiling woman with long brown hair, wearing a red and white Santa hat and a red dress, is holding a yellow gift box with a large white bow. In the background, a Christmas tree with colorful lights is visible.

feel the happy christmas vibes

2 course Carvery Buffets from £26pp
County Suite Party Nights from £34pp

parkinn.com/christmas

park inn
by *Radisson*

BEDFORD

Park Inn by Radisson Bedford

2 St Marys Street, Bedford, Bedfordshire MK42 0AR

T: +44 (0) 1234 799988

Conference.bedford@rezidorparkinn.com

Reem



Reem was Bedford's first Lebanese restaurant and is still one of Bedford High Street's best kept secrets. A deceptive appearance from the front of the restaurant can make it seem as though you are entering a kebab house, but what you find inside is far from it!

The restaurant is small and intimate. There is a large menu of mezze style dishes, but for those who don't like to share, substantial meaty main courses – plenty of vegetarian options are available of course. We loved the simple but perfectly made tabbouleh, creamy labneh and the chilli houmous served with warm pitta breads. Try a Lebanese beer or wine with your meal and after dinner enjoy a Lebanese tea with baklawa. The sheltered outdoor area is perfect for heading outside on a warm night to sample a shisha, available in a variety of flavours. www.reemrestaurant.com

Hoku Hoku



Tucked away from the hustle and bustle of the town centre, Japanese restaurant Hoku Hoku in Peel Street serves classic dishes such as teriyaki and katsu curry, ramen, noodle dishes and soups. The menu also offers a selection of “small plates” of dumplings, tempura, tonkatsu and tofu either as starters or for those who would like to try a variety of dishes. A children's menu is also available with smaller portions of the Japanese main courses so everybody can enjoy a great meal.

For the perfect accompaniment to your meal, look to full-bodied sake served in traditional cups, or a plum wine spritzer. Beautifully presented takeaways are also available here and delivered locally for a small charge. www.hokuhoku.co.uk

LOVE FOOD & DRINK DIRECTORY

BAKERIES

Baker's Best

Church Arcade | 01234 330423
thebakersbest.co.uk

Delices

Howard Street | 01234 353280
www.delices.co.uk

Greggs

Harpur Street | 01234 349880
www.greggs.co.uk
Allhallows | 01234 359709
www.greggs.co.uk

Gunns Bakery

High Street | 01234 327723
www.gunns-bakery.co.uk

La Rondine

Queen Street
01234 219443/400990

BUTCHERS

DP Clarke Butchers

Church Arcade | 01234 328323

Lingers High Class Butchers

St Cuthberts Street
01234 353 390
www.lingersbutchers.com

CAFÉ & COFFEE SHOP

Bedford Café & Sandwich Bar

Midland Road | 01234 350906

Café Amore

Allhallows | 07999 636566

Café Portoli

Allhallows | 01234 348157

Café Virtuoso

Harpur Street | 01234 354707
www.cafevirtuoso.co.uk

Caffè Crema Restaurant

High Street | 01234 330518

Coffee House

St Pauls Square | 01234 359200
www.thegreencoffeecompany.com

Coffee Republic

High Street | 01234 364530
www.coffeeirepublic.com

Coffee With Art

High Street | 07805 217955

Costa Coffee

Silver Street | 01234 346722
Midland Road | 01234 350638
www.costa.co.uk

Elevenes

Lime Street | 01234 350098

Frescoes Coffee House

Mill Street | 01234 325747

Gallone's

The Arcade | 07804 655021

Harpur Coffee Co.

Harpur Centre | 01234 358222

Howard Café

Howard Centre

Jenny's

Midland Road | 07440 792566

La Piazza

St Pauls Square | 01234 328433

Limes

Harpur Street | 01234 266912
www.limesofbedford.co.uk

Love Coffee!

Harpur Centre | 01234 328883
www.lovemycoffee.co.uk

Mill Yard Caffé

Mill Yard, Mill Street | 01234 273115

No 10 Café

St Marys Street | 01234 217796

Pauls Café

Church Arcade | 01234 358921

Pensieri

Castle Lane, Castle Quay
01234 363152

R S Coffee Shop

Greenhill Street

River Coffee

High Street

Seventh Heaven

The Arcade | 01234 589013

Star Café

Allhallows | 01234 218277

The Fountain

Thurlow Street | 01234 954336
www.fountainbedford.co.uk

The Kiln

High Street | 01234 216799
www.bedfordkilm.co.uk

CONFECTIONARY

Arcadia Sweet Shop

The Arcade | 01234 352322
www.arcadiasweetshop.com

Thorntons

Harpur Centre | 01234 357899
www.thorntons.co.uk

FAST FOOD & TAKEAWAY

Andreas Pizzeria

The Broadway | 01234 262020
www.andreastakeaway.co.uk

Burger King

Harpur Street | 01234 354905
www.burgerking.com

China Inn

Howard Street | 01234 212128

Hot Stop

Thurlow Street | 01234 960817

McDonalds

High Street | 01234 360544
www.mcdonalds.co.uk

Millennium Kebabs

High Street | 01234 330542
www.millenniumkebabbedford.co.uk

Peri Peri Grill & Pizza

The Broadway | 01234 330600

Subway

Midland Road | 01234 213565
High Street | 01234 360097
High Street | 0791 2019566
www.subway.com

Golden Dragon

The Broadway | 01234 350537

Mario's Quality Fish & Chips

High Street | 01234 589572

Papa Joe's

The Broadway | 01234 345000
www.papajoespizzabedford.co.uk

Papa John's

Greyfriars | 01234 270400
www.papajohns.co.uk

The Tuck In

The Broadway | 01234 357477

HEALTH FOODS

Grape Tree

Harpur Centre | 01234 325429
www.grapetree.co.uk

Holland & Barrett

Silver Street | 01234 352866
www.hollandandbarrett.com

Pumpnickel Health Shop

The Arcade | 01234 348179
www.pumpnickel-online.co.uk

Wholefoods

Thurlow Street
01234 219618 / 213929

HOTEL

Bedford Swan Hotel

High Street | 01234 346565
www.bedfordswanhotel.co.uk

Park Inn by Radisson

St Marys Street | 01234 799988
www.parkinn.co.uk

KITCHENS

Kitchenalia Ltd

The Arcade | 01234 262440

Pride Kitchens

High Street | 01234 271501
www.pridekitchensltd.co.uk

Quality Kitchens

St Cuthberts Street | 01234 343833

MAJOR STORE

Iceland

Midland Road | 01234 354338

Greenhill Street | 01234 356249

www.iceland.co.uk

Ideal Supermarket

Greyfriars

LIDL Supermarket

St Peters Street | 0870 4441234
www.lidl.co.uk

Marks & Spencer

Midland Road | 01234 270308
www.marksandspencer.com

Spend & Save

Tavistock Street | 01234 262207

Tesco Express

High Street | 01234 731467
www.tesco.com

Tesco Metro

Midland Road | 01234 798907

Wilko

High Street | 01234 365565
www.wilko.co.uk

NIGHTCLUBS

Hi-Fi

High Street

The Pad

Lurke Street | 01234 212161
www.thepad.info

Vibe

St Peters Street

Vogue

High Street | 01234 353296

PUBS & BARS

Auction Room

Duke Street | 01234 330902
www.auctionroombar.co.uk

Bar Citrus

Harpur Street | 01234 278843

Bedford Central Club

Harpur Street | 01234 357430

Chameleon

St Pauls Square | 07540 450425

George & Dragon

Mill Street | 01234 345061

Lost & Found

Lime Street | 07860 454530

Noble Rot

Tavistock Street | 01234 307700

The Bankers Draft

High Street | 01234 342931
www.jdwetherspoon.co.uk

The Barley Mow

St Loyes Street | 01234 302295

The Bear

High Street | 01234 401020

The Bedford Arms

Bromham Road | 01234 214656
www.thebedfordarmsbedford.co.uk

The Cross Keys

High Street | 01234 342963

The Flower Pot

Tavistock Street | 01234 296732

The Flute, Wine

& Lounge Bar
Ram Yard | 07842 469072

The Kings Arms

St Marys Street | 01234 354494
www.thekingsarmsbedford.co.uk

The Lane

Castle Lane | 01234 325640

The Mill Hotel

Mill Street | 01234 359922
www.themillhotelbedford.co.uk

The Rose

High Street | 01234 353749
www.therosebedford.co.uk

The Ship

St Cuthberts Street | 01234 267126
theshipbedford.co.uk

The Standard

High Street | 01234 269285
www.thestandardbedford.co.uk

Yates

High Street | 01234 330901
www.weareyates.com

RESTAURANT

Amici Italian Restaurant

St Peters Street | 01234 340734
www.amici-restaurant.co.uk

Baja Mexican Restaurant

Castle Lane | 01234 325707
www.bajabedford.co.uk

Bengal Brasserie

The Broadway | 01234 340888
www.bengalbrasseriedbedford.co.uk

Chef Beijing

Castle Lane | 01234 273883
www.chefbeijing.co.uk

Choudhury Tandoori Restaurant

The Broadway | 01234 356162
choudhuryrestaurant.co.uk

Deshi Spice

Tavistock Street
01234 327755 / 328237
www.deshi-spice.com

Don Graziano

Tavistock Street | 01234 347877

Dragon Oriental Restaurant

River St | 01234 328866 / 327778

Eatalia

High Street | 01234 910147
www.eatalia-bedford.co.uk

Harko Oriental Buffet

Lime Stree | 01234 330888

Herd

St Cuthberts Street | 01234 300193

Hoku Hoku

Peel Street | 01234 217031
www.hokuhoku.co.uk

Indiya

The Broadway | 01234 327493
www.indiya.co.uk

La Fontana

Ram Yard | 01234 352577
www.lafontanabedford.co.uk

Magna Tandoori

Tavistock Street | 01234 367079

Mamma Mia

St Peters Street | 01234 353470
www.brunosmammamia.com

Mimo's Steak & Grill

St Cuthberts Street
01234 330555
www.mimos.co.uk

Nando's

Harpur Street | 01234 273298
www.nandos.co.uk

Nazar Restaurant

High Street | 01234 954147
www.nazarturkishrestaurant.co.uk

New Bombay

Harpur Street | 01234 218218
newbombay.co.uk

Number 13

St Pauls Square | 01234 718044
www.bedfordcornexchange.co.uk/
number13

Pizza Express

St Peters Street | 01234 271124
www.pizzaexpress.com

Poppins Restaurant

High Street | 01234 350474
www.poppinsrestaurants.co.uk

Reem

High Street | 01234 211200
www.reemrestaurant.com

Rice

St Cuthberts Street
01234 272053
www.ricethairestaurant.co.uk

Riobello Italian Ristorante

St Marys Street | 01234 364430
www.riobello.co.uk

Riverside Grill

Castle Lane | 01234 359599
www.bedfordriversidegrill.co.uk

Sizzling Wok

The Broadway | 01234 212888

Smoke Shack

Mill Street | 01234 364041
www.smoke-shack.co.uk

Spaghetti John's

Castle Lane | 01234 327323
http://spaghettijohns.co.uk/

Spice Shop

High Street | 01234 348924

Thai Lagoon

The Broadway | 01234 363300
www.thai-lagoon.co.uk

Thali & Tandoor

Castle Lane, Castle Quay
01234 341414
www.thaliandtandoor.co.uk

That's Amore

Dame Alice Street | 01234 348365
www.thats-amore.org.uk

The Grand Restaurant

Tavistock Street | 01234 359566
www.grandrestaurant.co.uk

The Higgins Pantry

Castle Lane | 01234 276340
www.thehigginspantry.co.uk

SANDWICH SHOP

Choice Rolls

Lime Street | 01234 212118

IZ Caf 

Allhallows | 07733 322551

Nicholls Delicatessen

Harpur Centre | 01234 346870

Roosters Sandwich Bar

St Cuthberts Street
01234 405140
www.roostersbedford.co.uk

Sandwich Express
Mill Street | 01234 341006
www.sandwich-express.co.uk

Uppercrust
The Arcade | 01234 270022

SPECIALIST STORES

Best Pol Delicatessen
Howard Street | 01234 345152

**Florence's – Afro-Caribbean
groceries**
Clair Court

**Fusion 0 – Oriental food and
Bubble Heaven tea**
Howard Centre | 01234 330390

Kasztelan
High Street

Kubus Market Food
Greyfriars | 07917 764048

**La Rondine – Italian cakes &
patisserie**
Queen Street | 01234 400990

Pasha Food Store
Greyfriars | 07480 844878

Pharoah's Land
Lime Street

Price Check – Italian deli
18 Harpur Centre | 01234 211036

**The Blue Glass – wines
and spirits**
St Cuthberts Street
01234 347732
www.theblueglass.co.uk

Love Bedford Markets



Bedford Charter Market

Harpur Square and St Pauls Square
Wednesdays and Saturdays 8.30am – 4pm



Gourmet Food Market

Midland Road
Every Thursday 9.30am – 4pm



Farmers Market

Harpur Square
Second and fourth Thursday every month



Home and Garden Market

Harpur Square
Fridays 8.30am – 3.30pm



Handmade in Bedford Market

Midland Road
Second Saturday of the month (April – December)


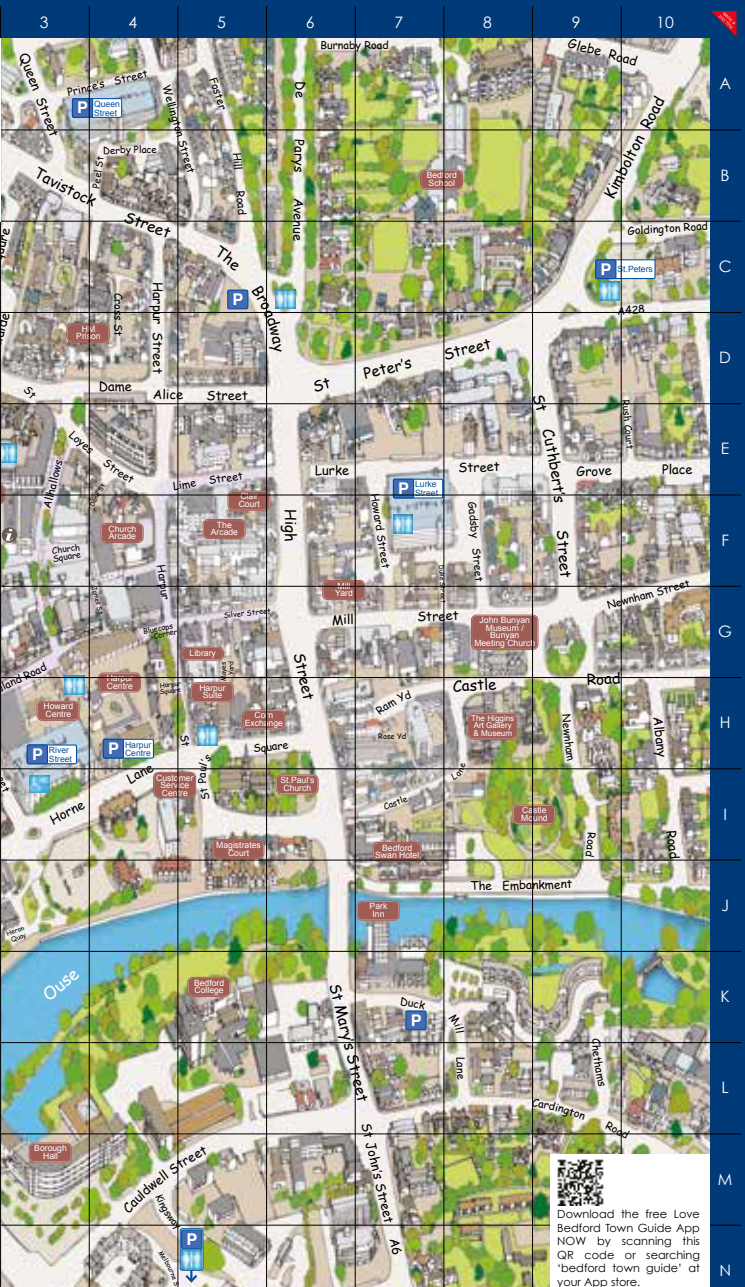




Give a Love Bedford Gift Voucher this Christmas!



Love Bedford's town centre gift vouchers are a unique gift alternative and are redeemable at over 250 high street stores and independent retailers in Bedford. Not only for shops, these vouchers can be spent in many of Bedford's restaurants, cafés, bars, hairdressers, beauty salons, travel agents and even estate agents!

The vouchers, available in £5, £10 and £20 denominations can be purchased from the Travel & Tourism Centre in Thurlow Street and also the Bedford Swan Hotel by the Embankment at the bottom of the High Street.

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<p>For information on news and events in Bedford Town visit www.lovebedford.co.uk or call 01234 404500</p>											
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Download the free Love Bedford Town Guide App NOW by scanning this QR code or searching 'bedford town guide' at your App store.



NEW

INTRODUCING THE
Vanilla Latte

Available at McDonald's® Bedford



Regular

£1.99

Large

£2.19

McDonald's Bedford
9 High Street Bedford,
Bedfordshire MK40 1RN
01234 360 544

MONDAY	06.00 - 23.00
TUESDAY	06.00 - 23.00
WEDNESDAY	06.00 - 23.00
THURSDAY	06.00 - 23.00
FRIDAY	06.00 - 23.00
SATURDAY	06.00 - 23.00
SUNDAY	06.00 - 23.00

Free
Parking*



Major Stores

Late Night
Shopping

Thursdays from
26th November

Independent Shops

Free lights
switch on &
fireworks

Town Centre
Christmas
Markets

Live
Festive
Music

Meet
Santa's
Reindeer

Christmas
Tree
Festival

Ice
Skating



Festive
Restaurants
& Pubs



Enjoy a unique Christmas in the heart of Bedford

With plenty of **FREE** parking*

...and enjoy our
character, culture and
choice with **FREE**
town centre events,
museums, galleries,
cafés, restaurants & bars
plus riverside setting.



BedfordBID
Business Improvement District
Funded by Town Centre Businesses

*FREE parking for the first 2 hours on Saturdays at Council owned car parks.
On Sundays parking is FREE at Council owned car parks and in the Harpur
Centre. In addition, FREE parking is available to shop late Thursdays 26th
November - 17th December from 5.30pm in the Harpur Centre.

Bedford
Town Centre
Gift Vouchers

www.lovebedford.co.uk

www.lovebedfordoffers.co.uk

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